

TREATMENT PRACTICE

Practical Medicine

PAPAYA AGAINST DERMATITIS

It has been only recently that a new trend emerged- a treatment method using polyenzymatic therapy. Through this method, many diseases may be treated without recourse to the usual drugs with adverse effects. A candidate for medical science speaks about this new trend, a dermatopathologist of a higher category, a learned secretary of the NPO "Cosmetology", Nadyezhda Sergeevna SMIRNOVA.

During the course of a human being's life, he most certainly succumbs to sickness every once in a while. And each illness, including skin disorders, is accompanied by inflammation. This is a healthy reaction of a living organism, and which should not be suppressed at all times. It is necessary to quickly drive away illnesses. Today, this maybe accomplished with the help of enzymes.

Within living organisms can be found thousands of enzymes which work incessantly. Enzymes split all products of nutrition into smaller, individual products. Only through this can an organism assimilate/absorb food products.

When we are sick, enzymes help destroy harmful microorganisms and toxins. But sometimes, enzymes are not sufficient, especially since modern man tends to suffer from improper nutrition, from harmful substances and from all sorts of drugs. Particularly susceptible are the short-lived enzymes which may be destroyed if the body temperature exceeds 40 ° C for several days. Patients who may find themselves in this condition may eventually die.

How can this lack of enzymes be made up for? There is a solution: studies have shown that this can be accomplished through polyenzymatic therapy, i.e., through the use of preparations which utilize natural enzymes.

These information came to light through German scientists who dedicated more than twenty years of studies on how to replenish the stock of enzymes in our bodies. So much information is known about enzymes of animal origin which come from cows and pigs. For example, we are familiar with pancreatic enzymes. But it is also paramount that

we understand enzymes from plant origin, mostly from pineapple and papaya. These enzymes came to light through polyenzymatic preparations which are basically made up of animal and plant enzymes. Among these are papaya enzymatic preparations.

Enzymes used by humans are derived from preparations which are themselves extracted from inflammatory sites. They contribute to a quicker recovery from diseases. And since many disease entities are accompanied by inflammation, treatment with polyenzymatic preparations may be used for these illnesses.

Since a multitude of drugs are accompanied by secondary or adverse side-effects, polyenzymatic preparations now give more advantage in the treatment of atopic dermatitis, eczema, psoriasis, etc. These diseases usually take a long time to resolve. Now, however, it is possible to recover from these diseases faster than what would have been previously possible. These preparations are also successfully used in plastic surgery.

It is a well known fact that our skin acts as a mirror for our body. Whatever imperfections may be present inside us is reflected in our skin. All these imperfections however, may be alleviated with the use of enzymes. They free us from our dependence brought by disease conditions. Illnesses may also be accompanied, for example, by stomach conditions, pancreatic and liver disorders, etc., where polyenzymatic therapy may prove useful especially for prophylactic purposes during autumn and spring, upon previous consultation with a doctor. In order that these enzymes may act more effectively, patients must take considerable amounts of B-complex vitamins, microelements and metals, manganese, nickel, and others, and nutrition must consist of food products from rye, flour and of course, papaya and pineapple.

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